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| **LT 2: Attachment: Core Theory: Bowlby’s Theory**In the 1950’s Bowlby developed a theory of attachment. He believed that attachment was **instinctive and innate**. He also believed in… |
| **A01: Describing Bowlby’s Theory** |
| **MANY** | **CUSTARD PIES** | **PEAK** | **DAILY** |
| **MONOTROPHY** | **CRITICAL PERIOD** | **PRIVATION** | **DEPRIVATION** |
| **Monotropy:** An attachment to one primary caregiver. He stated that infants attach themselves to one person that cares for them the most.  | **Critical Period**: He believed that the attachment also had to happen in the first 3 years of the infants’ life, but most preferably in the first year. The critical period is critical in the sense that if children did not form an attachment in that time, they would suffer negative psychological effects, especially in adulthood.  | **Privation** would occur if a child did not form any attachment with a primary caregiver. For example, if a child is placed in a childrens’ home or in many foster homes they may not have the opportunity to form an attachment with one person. Or a child who suffers from extreme neglect from their parents with no love or care may also suffer the effects of privation. The effects of privation can be extreme e.g. poor social skills, language skills and motor skills. These effects can last into adulthood.  | **Deprivation: When a child has formed an attachment to a primary caregiver, but then it is broken.** Bowlby argued that children experience deprivation if they are separated from the caregiver for a week or longer in the first 5 years of life. For example, mother/father leaves home, parents dying, spending time in hospital. |
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